



Amazing results with Uniphy Cryoflow IR in professional sports

Soccer club KRC Genk impressed by new cryo device. Faster recovery from injuries!

Ever since the elite soccer club KRC Genk was founded in the 80's, the club applied the highest standards in exercise physiology, rehabilitation sciences and sports medicine. As such, the A-team trainers and players use up to date training techniques and exercise protocols aiming to improve physical fitness. Doing so KRC Genk has achieved 2 national titles, 2 Belgian cups and played a series of European confrontations. In accordance with the application of top-level training regimens, KRC Genk pursues similar high standards with respect to the medical treatment and rehabilitation of players following illness and injuries. In this respect, it is important to notice that soccer is associated with a high prevalence of contact and overuse traumata. Of course, given the importance of each player in this vigilance team sport, fast recovery of any type of injury is of utmost importance. KRC Genk therefore applies rehabilitation and sports medicine techniques that are scientifically proven and thus meet the highest standards. Accordingly and in a strong collaboration with GymnaUniphy,

KRC Genk, recently introduced the Cryoflow IR device allowing the application of specific and local cooling. The Cryoflow IR is an extremely user friendly cooling device using cold air to cool specific body regions. As such deep cold penetration and longer cold sensation are amongst the advances of this new technique. Furthermore, the Cryoflow IR features a wide range of cooling temperatures and the build-in infra-red sensor allows accurate skin temperature settings and adjustments avoiding freezing wounds and cold irritation. As shown on the various pictures included, the Cryoflow IR has rapidly become standard therapy equipment within KRC Genk. In fact, many players use Cryoflow IR cooling after regular training because they experience faster recovery following intense physical exercise probably by virtue of increased blood flow. To conclude, the variety of treatment possibilities and easy-to-use Cryoflow IR operating facilities further expand the rehabilitation possibilities used by KRC Genk.



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